Interpretative framework of chronic disease management to guide textual guideline GEM-encoding



Gersende Georg, Brigitte Séroussi, Jacques Bouaud

Mission Recherche en Sciences et Technologies de l'Information Médicale, AP – HP, Paris, France



Outline

Background

- Clinical Practice Guidelines
- Decision support systems

Material

- Canadian Recommendations
- Guideline Elements Model

Method

- Steps of GEM-encoding
- Interpretative framework
- Conclusion



Background

Clinical Practice Guidelines (CPGs)

- Evidence-based therapeutic recommendations
- Textual documents
- − Simple dissemination of texts (paper-based or numerized)
 → No impact on physician compliance with guidelines
- Decision support systems (DSSs)
 - Improvement of compliance
 - \rightarrow Translation of texts to build formalized knowledge bases

VII Diabetes

- Hypertension in people with diabetes (blood pressure greater than 140 / 90 mm Hg) should be treated to obtain target blood pressure lower than 130 / 80 mm Hg (grade C).
- 2. People with diabetes and hypertension with blood pressure of 130 / 80 to 139 / 89 mm Hg and targetorgan damage should be treated to obtain a target blood pressure lower than 130 / 80 mm Hg (grade D).
- For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age, preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A).
- 4. Second-line therapy includes low-dose thiazide diuretics (grade B), long-acting calcium-channel blockers (grade B) and α -adrenergic antagonists (grade C). α -adrenergic antagonists and centrally acting antihypertensive antihypertensive agents should be used with caution in the presence of autonomic neuropathy (grade C).
- 5. Preferred therapy for patients with diabetes, hypertension and overt nephropathy (albuminuria greater than 300 mg / day) is an ACE inhibitor (grade A).
 - When an ACE inhibitor causes adverse effects, an angiotensin II receptor antagonist may be substituted (grade D).

- Chapters correspond to specific clinical situations
- Sequence of therapeutic recommendations

VII Diabetes

- 1. Hypertension in people with diabetes (blood pressure greater than 140 / 90 mm Hg) should be treated to obtain target blood pressure lower than 130 / 80 mm Hg (grade C).
- 2. People with diabetes and hypertension with blood pressure of 130 / 80 to 139 / 89 mm Hg and targetorgan damage should be treated to obtain a target blood pressure lower than 130 / 80 mm Hg (grade D).
- For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age, preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A).
- 4. Second-line therapy includes low-dose thiazide diuretics (grade B), long-acting calcium-channel blockers (grade B) and α -adrenergic antagonists (grade C). α -adrenergic antagonists and centrally acting antihypertensive antihypertensive agents should be used with caution in the presence of autonomic neuropathy (grade C).
- 5. Preferred therapy for patients with diabetes, hypertension and overt nephropathy (albuminuria greater than 300 mg / day) is an ACE inhibitor (grade A).
- 6. When an ACE inhibitor causes adverse effects, an angiotensin II receptor antagonist may be substituted (grade D).

- Incompleteness of clinical situations
 - Pathologies associated to hypertension (HT) are considered one by one

VII Diabetes

- 1. Hypertension in people with diabetes (blood pressure greater than 140 / 90 mm Hg) should be treated to obtain target blood pressure lower than 130 / 80 mm Hg (grade C).
- 2. People with diabetes and hypertension with blood pressure of 130 / 80 to 139 / 89 mm Hg and targetorgan damage should be treated to obtain a target blood pressure lower than 130 / 80 mm Hg (grade D).
- For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age, preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A).
- 4. Second-line therapy includes low-dose thiazide diuretics (grade B), long-acting calcium-channel blockers (grade B) and α -adrenergic antagonists (grade C). α -adrenergic antagonists and centrally acting antihypertensive antihypertensive agents should be used with caution in the presence of autonomic neuropathy (grade C).
- 5. Preferred therapy for patients with diabetes, hypertension and overt nephropathy (albuminuria greater than 300 mg / day) is an ACE inhibitor (grade A).
- 6. When an ACE inhibitor causes adverse effects, an angiotensin II receptor antagonist may be substituted (grade D).

- Incompleteness of clinical situations
- Imprecision of terms
 - not defined

VII Diabetes

- 1. Hypertension in people with diabetes (blood pressure greater than 140 / 90 mm Hg) should be treated to obtain target blood pressure lower than 130 / 80 mm Hg (grade C).
- 2. People with diabetes and hypertension with blood pressure of 130 / 80 to 139 / 89 mm Hg and targetorgan damage should be treated to obtain a target blood pressure lower than 130 / 80 mm Hg (grade D).
- For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age, preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A).
- 4. Second-line therapy includes low-dose thiazide diuretics (grade B), long-acting calcium-channel blockers (grade B) and α -adrenergic antagonists (grade C). α -adrenergic antagonists and centrally acting antihypertensive antihypertensive agents should be used with caution in the presence of autonomic neuropathy (grade C).
- 5. Preferred therapy for patients with diabetes, hypertension and overt nephropathy (albuminuria greater than 300 mg / day) is an ACE inhibitor (grade A).
- 6. When an ACE inhibitor <u>causes adverse effects</u>, an angiotensin II receptor antagonist may be substituted (grade D).

- Incompleteness of clinical situations
- Imprecision of terms
 - not defined
 - imprecise or vague

VII Diabetes

- 1. Hypertension in people with diabetes (blood pressure greater than 140 / 90 mm Hg) should be treated to obtain target blood pressure lower than 130 / 80 mm Hg (grade C).
- 2. People with diabetes and hypertension with blood pressure of 130 / 80 to 139 / 89 mm Hg and targetorgan damage should be treated to obtain a target blood pressure lower than 130 / 80 mm Hg (grade D).
- 3. For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age, <u>preferred therapy</u> is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A).
- Second-line therapy includes low-dose thiazide diuretics (grade B), long-acting calcium-channel blockers (grade B) and α-adrenergic antagonists (grade C). α-adrenergic antagonists and centrally acting antihypertensive antihypertensive agents should be used with caution in the presence of autonomic neuropathy (grade C).
- 5. Preferred therapy for patients with diabetes, hypertension and overt nephropathy (albuminuria greater than 300 mg / day) is an ACE inhibitor (grade A).
- 6. When an ACE inhibitor causes adverse effects, an angiotensin II receptor antagonist may be substituted (grade D).

- Incompleteness of clinical situations
- Imprecision of terms
- Ambiguity of therapeutic recommendations sequence
 - Preferred therapy
 - starting treatment ?

VII Diabetes

- 1. Hypertension in people with diabetes (blood pressure greater than 140 / 90 mm Hg) should be treated to obtain target blood pressure lower than 130 / 80 mm Hg (grade C).
- 2. People with diabetes and hypertension with blood pressure of 130 / 80 to 139 / 89 mm Hg and targetorgan damage should be treated to obtain a target blood pressure lower than 130 / 80 mm Hg (grade D).
- 3. For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age, preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A).
- 4. Second-line therapy includes low-dose thiazide diuretics (grade B), long-acting calcium-channel blockers (grade B) and α -adrenergic antagonists (grade C). α -adrenergic antagonists and centrally acting antihypertensive antihypertensive agents should be used with caution in the presence of autonomic neuropathy (grade C).
- 5. Preferred therapy for patients with diabetes, hypertension and overt nephropathy (albuminuria greater than 300 mg / day) is an ACE inhibitor (grade A).
- 6. When an ACE inhibitor causes adverse effects, an angiotensin II receptor antagonist may be substituted (grade D).

- Incompleteness of clinical situations
- Imprecision of terms
- Ambiguity of therapeutic recommendations sequence
 - Initial therapy
 - Second-line therapy

VII Diabetes

Recommendations

- 1. Hypertension in people with diabetes (blood pressure greater than 140 / 90 mm Hg) should be treated to obtain target blood pressure lower than 130 / 80 mm Hg (grade C).
- 2. People with diabetes and hypertension with blood pressure of 130 / 80 to 139 / 89 mm Hg and targetorgan damage should be treated to obtain a target blood pressure lower than 130 / 80 mm Hg (grade D).
- For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age, preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A).
- 4. Second-line therapy includes low-dose thiazide diuretics (grade B), long-acting calcium-channel blockers (grade B) and α -adrenergic antagonists (grade C). α -adrenergic antagonists and centrally acting antihypertensive antihypertensive agents should be used with caution in the presence of autonomic neuropathy (grade C).
- 5. <u>Preferred therapy</u> for patients with diabetes, hypertension and overt nephropathy (albuminuria greater than 300 mg / day) is an ACE inhibitor (grade A).
- 6. When an ACE inhibitor <u>causes adverse effects</u>, an angiotensin II receptor antagonist may be substituted (grade D).

- Incompleteness of clinical situations
- Imprecision of terms
- Ambiguity of therapeutic recommendations sequence
 - Initial therapy
 - Second-line therapy

What is the place of these therapies in the sequence?



The document model GEM

- Guideline Elements Model
 - Guideline document model of CPGs
 - Define structure of basic units of information (XML model)
 - Multi-level hierarchy of more than 100 elements





The document model GEM

Representation of guidelines



Automated generation of a set of decision rules from a GEM-encoded CPG





Creation of the GEM-encoded instance (1) : marking-up of the Canadian CPGs

VII Diabetes

Recommendations

- 1. Hypertension in people with diabetes (blood pressure greater than 140 / 90 mm Hg) should be treated to obtain target blood pressure lower than 130 / 80 mm Hg (grade C).
- 2. People with diabetes and hypertension with blood pressure of 130 / 80 to 139 / 89 mm Hg and targetorgan damage should be treated to obtain a target blood pressure lower than 130 / 80 mm Hg (grade D).
- 3. For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age, preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A).
- 4. Second-line therapy includes low-dose thiazide diuretics (grade B), long-acting calcium-channel blockers (grade B) and α -adrenergic antagonists (grade C). α -adrenergic antagonists and centrally acting antihypertensive antihypertensive agents should be used with caution in the presence of autonomic neuropathy (grade C).
- 5. Preferred therapy for patients with diabetes, hypertension and overt nephropathy (albuminuria greater than 300 mg / day) is an ACE inhibitor (grade A).
- 6. When an ACE inhibitor causes adverse effects, an angiotensin II receptor antagonist may be substituted (grade D).

<decision.variable source="explicit">For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age</decision.variable>

<action source="explicit">Preferred therapy is either an ACE inhibitor or a cardioselective βadrenergic antagonist (grade A)</action>

Creation of the normalized GEM-encoded instance (2) : normalization of decision variables

Characterization of patient's state

<decision.variable source="explicit">For patients with diabetes who have hypertension without overt nephropathy and are under 60 years of age </decision.variable>

<action source="explicit"> Preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A) </action>

<decision.variable source="explicit" **decision.variable.id=<state** patient.age¹Sunder 60 years of age <value source="implicit" 1d= INF 60"/> </decision.variable> <decision.variable source="explicit" decision.variable.id=state_patient.pathology hypertension <value source="implicit" id="H1"/> </decision.variable> <decision.variable source="explicit"</pre> **decision.variable.id**=**vstate patient.pathology**> diabetes <value source="implicit" id="DIA"/> </decision.variable> <decision.variable source="explicit" decision.variable.id=<state_patient.normality without overt nephropathy <value source="implicit" id="N_NEPH"/> </decision.variable>

<action source="explicit"> Preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A)</action>

Interpretative framework of therapeutic lines and modeling of actions (1)

<action source="explicit"> Preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A)</action> Ambiguous terms Imprecise sequence

Interpretative framework

Lines of therapy

Levels of therapeutic intention

$$S = (L_1, L_2, ..., L_n)$$

$$\forall i, L_i = (INT_{i_1}, INT_{i_2}, ..., INT_{i_j})$$

<action source="explicit"> Preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A)</action> L = L1

 $INT = INT_1$

= { ACE inhibitor OR cardioselective βadrenergic antagonist }

Interpretative framework of therapeutic lines and modeling of actions (2)

<action source="explicit"> Preferred therapy is either an ACE inhibitor or a cardioselective β-adrenergic antagonist (grade A)</action>

<action source="explicit" action.id="treatment.line">first line treatment <value source="implicit" value.id="L1"/> </action> <action source="explicit" action.id="treatment.intention"> first intention <value source="implicit" value.id="INT1" </action> <action source="explicit" action.id="treatment.type" monotherapy <value source="implicit" value.id="MONO"/></action> <action source="explicit" action.id="treatment.nature" an ACE inhibitor <value source="implicit" value.id="ACE IN"/></action>

<action source="explicit" action.id="treatment.line"> first line treatment <value source="implicit" value.id="L1"/> </action> <action source="explicit" action.id="treatment.intention"> first intention <value source="implicit" value.id="INT1"></action> <action source="explicit" action.id="treatment.type" monotherapy <value source="implicit" value.id="MONO"/></action> <action source="explicit" action.id="treatment nature" **Cardioselective** β-adrenergic antagonist <value source "implicit" value.id="CBA"/></action>

Automated extraction of IF-THEN-WITH rules

<decision.variable source="inferred" decision.variable.id= state_patient.age</pre>>under 60 years of age <value source="implicit" id= "INF 60"> </decision.variable> <dec sion.variable source="explicit" decision.variable.id="state_patient.pathology">HT <value source="implicit" iu="HT"/> </decision.variable> <dec sion.variable source="explicit" decision.variable.id="state_patient.pathology">diabetes <value source="implicit" id="DIA"/> </decision.variable> <dec sion.variable source=''explicit'' decision.variable.id="state_patient.normality"</pre>>no over nephropathy <value source="implicit" id="N_NEPH"/> </decision.variable> <action source="explicit" id "treatment.line" first line treatment <value source="implicit" id="L1"></action> <action source="exilicit" id="treatment.intention">first intention <value source="implicit" id="INT1"/> </action> <action source="explicit" id="treatment.type">monotherapy < alue source="in plicit" id="MONO"/> </action> <action source="explicit" id="treatment;nature">an ACE inhibitor <ralue source="in plicit" id="ACE_IN"/> </action> <rec mmendation.s rength source="explicit" id ("A")-grade A< recommendation.strength> THEN treatment.line=L1 and treatment.intention=INT1 and treatment.type=MONO IF and treatment.nature=ACE IN state_patient.age=INF_60 and state_patient.pathology=HT and state_patient.pathology=DIA WITH and state_patient.normality=N_NEPH recommendation.strength=A



Conclusion

- Automated process of a normalized GEM-encoded instance enables to generate decision rules
 - Ambiguities of CPGs
 - GEM model to structure textual document
 - Interpretative framework
- Comparison of rule bases
 - Rule base manually built (ASTI project)
 - Rules generated with GEM are more specific and richer